## Make and attach a binding

From your binding fabric cut strips, 2" wide. Join the binding strips with diagonal seams by placing the ends with right sides together perpendicular to each other (1) to make one long binding strip, plus 10". Fold the strip in half lengthwise with the wrong sides together. Place the binding strip against the right side of the quilt top along one edge, aligning the binding strip's raw edges with the quilt top's raw edge and making sure not to start at a corner. Leaving the first 4" unstitched begin sewing the binding with a 1/4" seam. To turn a corner, stop sewing when you are 1/4" from the corner, backstitch, and clip the threads. Take the quilt out of your sewing machine, fold the binding strip upward, creating a diagonal fold, and finger-press (2).

Bring the binding strip down in line with the adjacent edge; making a horizontal fold that aligns with the quilt edge. Start sewing again at the top of the horizontal fold, stitching through all layers (3). Continue to stitch the binding, mitering all corners. Stop stitching 10" from where you first began. Mark the binding where it meets the beginning edge, add 3" and cut. Open the beginning edge and cut it at a 45° angle. Fold 1/2" under toward the wrong side and encase the binding strip's raw edge inside the folded end (4). Pin it in place and finish sewing the seam. Trim the batting and backing fabric even with the quilt top edges. Flip the binding over the edge to the back. Hand-stitch the binding to the backing fabric. Congratulations, your precious guilt is finished!

